

**PARTICIPANTS:**

The Center is non-denominational and serves all people aged 60 or older that live within the City of Alexandria.

**NEW PARTICIPANT REGISTRATION:**

A short registration process is used to assess a prospective participant's needs and to meet Administrative requirements. Please call 540-773-9848 to make an appointment.

**SENIOR OPPORTUNITIES:**

The Center promotes happiness and independence through health and wellness, social, educational, recreational, and cultural opportunities. Referrals are made to other services throughout the community. Nutritious lunches are served daily.

**CENTER LOCATION:**

The Center is located at **4650 Taney Avenue, Alexandria**, across the street from the Patrick Henry Elementary School and Rec Center. Take Seminary Road to North Jordan then turn right on Taney Avenue. Another option is to take Duke Street to North Jordan; turn left on Taney Ave. Also, you may take the Metro bus route 25B.

**TRANSPORTATION AND MEALS:**

The City of Alexandria provides door-to-door bus transportation and daily lunch. Registered participants can make bus or meal reservations by calling 540-773-9848, one day in advance before 11:00 am.

**PARTNERS OF ST. MARTIN DE PORRES SENIOR CENTER:**

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.

**HELPFUL INFORMATION SOURCES:**

- **City of Alexandria Division of Aging and Adult Services: 703-746-5999**
- Alexandria DOT Transportation: 703-746-4079
- Alexandria Meals-On-Wheels: 703-836-4414 x.110 Marshall Hespe
- Alexandria Senior Taxi: 703-746-5999 x1
- Arlington County Agency on Aging: 703-228-1700
- Fairfax Area Agency on Aging: 703-324-7948
- Legal Services of Northern Virginia: 703-778-6800 Mon-Thurs 9:30-12:30, 1:30-3:30
- Catholic Charities Emergency Assistance: 703-548-4227, 703-548-4881
- **Catholic Charities Diocese of Arlington Senior Services: 703-751-2766**

**ST. MARTIN DE PORRES SENIOR CENTER STAFF:**

Luis Angel, Senior Center Assistant Director

Maria Mellor, Activities and Food Service Assistant, Volunteer Coordinator



# ST. MARTIN DE PORRES SENIOR CENTER

*ALL SENIORS WELCOME!*

*Welcome Back!!*

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.



## March 2023

4650 Taney Ave. Alexandria,

Phone: 703-751-2766

[www.cdda.net](http://www.cdda.net)

**CENTER OPEN:** MONDAY – FRIDAY  
8:30 A.M. – 1:30 P.M.

**OFFICE HOURS:** 8:00 A.M. – 4:00 P.M.

# Happy Birthday!

March Birthdays!

- 03 – Marthe Tarishi
- 04 – Bonnie Bartoletti
- 06 – Betty Rosas
- 08 – Gloria Velasco
- 29 – Esmail Binesh
- 30 – Myrna “Cookie” Samuel



Our Birthday Party will be on Wednesday, March 22

Musical Entertainment provided by DJ Robby G.



## **\*\*Reminder\*\***

**-Bus reservations must be made at least one day in advance by 11 am.**



**-Lunch**

**reservations must be made at least one day in advance by 11am.**



# FIELD TRIPS

**Wednesday, March 8: African American Civil War Memorial Museum**

We will be going to the African American Civil War Museum in Washington DC. While we are there you will be able to learn about the effect African Americans had during the war. While we are there, there will be a scavenger hunt that you will be able to participate in. Seating on the bus is limited to 26 seats, open on a first come first serve basis. Bus pick up begins at 8:30 and we will be leaving the center at 9:30. Last day to sign up is March 7th at 11:30. Please sign up with Maria **in person while she is in her office.**

Wednesday, March 29: National Arboretum with possible picnic

We will be going to the National Arboretum’s Museum to learn about Cherry Blossom trees, how they came to America, as well as how people take care of them. It will be highlighting cultural significance and will explain all the different types of trees there are. Afterwards, if weather permitting, we will be having a picnic in the Arboretum, if it rains, we will have lunch in the center. Seating on the bus is limited to 26 seats, open on a first come first serve basis. Bus pick up begins at 8:30 and we will be leaving the center at 9:30. Last day to sign up is March 28th at 11:30. Please sign up with Maria **in person**